

Frequently Asked Questions (FAQ)

XTREME SPEED TRACK CLUB

1. What is registration costs and what's covered?

Full Participation (Traditional Competing Athletes) - \$315 and \$350 for Payment Plan Option

- *Practice facility fees;*
- *USATF Youth Membership;*
- *Regular track meet event registration;*
- *Uniform & Socks and Warm Ups*
- *Banquet fee (which includes a meal and one trophy).*

Non-Full Participation (Conditioning Athletes) - \$225 (January 3, 2017 – June 2017)

- *Practice facility fees; and*
- *USATF Youth membership.*

2. Does the team fundraise and is fundraising mandatory for all athletes?

Yes, fundraising is mandatory for all athletes, with exception to Conditioning Athletes. A separate Fundraising Plan will be distributed to each family. It is the club's full intention to help offset costs associated with travel to the 2017 Junior Olympics.

3. What happens if we do not participate in fundraising?

If you are experiencing trouble with fundraising, please have an open discussion with the Treasure regarding your circumstances. It is our goal to HELP our families be successful in their efforts. More details regarding fundraising expectations are outlined in the Fundraising Plan.

4. What ages are eligible for participation?

Ages 5-17 years old.

5. Is the team insured?

The team has general liability Insurance through USATF.

6. Will I be able to choose which events my athlete competes in?

The coaches will determine which events your child should compete in. It is the expectation that each child participate in as many events as possible (offered) to determine their interest and natural abilities.

7. My child plays another sport and will not be able to compete on Saturdays until later in the season. Can we still register?

Yes, we understand that athletes will participate in multiple sports throughout the year. However, we strongly discourage participation in two or more overlapping sports during the competitive phases of the season due to the increase in potential for overuse injury.

8. Does the team provide transportation to track meets?

The team does not provide transportation to track meets; however, we strongly encourage carpooling to practice and track meets.

9. What are the standards for the coaches?

Each coach is to maintain good standing with USATF, which includes passing a background check annually. Additionally, it is the expectation that each coach obtain the USATF Level 1 certification or higher and/or strive towards that goal.

10. Who do I talk to if I want to volunteer my services?

If you are interested in volunteering your services please contact any of the Assistant Coach or coaches. Please note that if you are in contact with the athletes, it is expected by USATF that you become a member of USATF and pass a background check.

11. When are track meets held?

In general, the track meets are held on Saturdays for “B” meets (preseason), and on Saturday and Sunday for the In-Season Competitions or “A” meets. The National events are held over a week-long period with the majority of the events beginning on Wednesday and concluding on Sunday.

12. What is the difference between an A meet and a B meet?

B-meets are held on Saturdays only and are considered pre-season track meets. Only a portion of all

available events are offered at B-meets.

A-meets are considered regular season track meets. All of the national recognized events will be offered over two days (Saturday & Sunday).

A-meets qualify athletes for National marks, while B-meets do not.

13. Does the team offer multi-athlete discounts to families with more than one athlete?

Yes. We offer a \$25.00 per sibling discount after the first athlete has been paid at regular costs. This discount only applies to Competing Athletes.

14. What athletic organization is the team affiliated with?

USATF Southern California Association.

15. What is the team's email address and website?

Email: xtremespeedtc@gmail.com

Website: [www.xtremespeedtrackclub@.org](http://www.xtremespeedtrackclub.org)